



## Did you know that access to healthcare treatment, information and advice is just a phone call away?

Whether you are looking for information on how to protect against the Coronavirus or you need to address a pressing medical issue, your H&W Fund benefits provide you with access to healthcare providers and resources over the telephone and through video visits on your smartphone or computer.

### If you are enrolled in an Anthem BlueCross BlueShield plan:

- You have access to the free **24/7 NurseLine** by calling 800-337-4770 where you can talk to a registered nurse about your health concerns. From general health information and tips to determining if a medical condition requires a visit to a doctor, urgent care or the ER, the NurseLine can help.
- With **LiveHealth Online** you can video chat with licensed doctors for just a \$5 copay to get expert advice, a treatment plan and even prescriptions if needed. While **LiveHealth Online** is not a replacement for your primary care provider, it can provide convenient access to care for issues such as the flu, colds & fevers, minor rashes, sore throat, pink eye, allergies, etc. You will need to register the first time you use LiveHealth Online. To get registered, download the app from the App Store or Google Play or go online to [www.livehealthonline.com](http://www.livehealthonline.com).

### If you are enrolled in a Kaiser HMO plan:

- You can call Kaiser's free **24/7 Advice Line** at 404-365-0966 where you can talk to a licensed care provider for advice, referrals and prescription information. They can also help you with scheduling an appointment if needed.
- You can also schedule telephone or **video chat visits** with your Kaiser doctors. Schedule a visit online or by calling 404-365-0966 and you will be provided with information on how to get set up for video visits. Visit [www.kp.org/getcare](http://www.kp.org/getcare) or call 404-365-0966 for more information.

Have you downloaded the Fund's **MobileHealth** app? For easy access to all of your Fund benefits and resources, download the MobileHealth app today from the App Store or Google Play or visit [www.mobilehealthconsumer.com/web/pages/login.html](http://www.mobilehealthconsumer.com/web/pages/login.html).